

Support Our Troops!

2nd Bn, 113th Infantry

Family Readiness Group

Tricky Tray

Riverdale Armory

Friday, March 10

Doors open 6:00 pm

Admission \$10 per person

Tickets: Call 973-835-2923

or 973-835-8303 or at the door

Admission includes beverage, dessert, and card of 25 tickets.

ANNOUNCEMENTS

Engagements, Weddings, Birthdays
Graduations, Births, Anniversaries, etc.
Tell us about your family!

Annemarie Budesheim, Curtis Street will be celebrating her 22nd Birthday on March 4

Dennis Budesheim, Curtis Street will be celebrating his 18th Birthday on March 20

Councilman Paul Carelli will be celebrating (?) his 46th Birthday on March 26.

Riverdale Spotlight on:

Joe Montemarano

Joseph Montemarano has been Riverdale's Construction Official since 1989. Joe has brought the highest degree of professionalism to the Construction Office, working with the big developers and the homeowner to assure all that the construction in Riverdale meets the safety standards of the construction code. *Thanks, Joe!*

The Nurse's Station

Stacey Dakake, MSN, RN



Mis-diagnosed Heart Disease in Women

Did you know that one in four women have cardiovascular disease? This claims more lives than all forms of cancer combined. More women die from heart disease than men each year. Women are six times more likely than men to be mistakenly sent home from emergency rooms.

Women often do not have the classic male signs of cardiac compromise: severe chest pains. Many women tend to have symptoms such as nausea, shortness of breath, indigestion and fatigue, not knowing that they are experiencing a heart attack.

Women often take longer to seek emergency care. If a doctor misses the symptoms, they are slow to take action, and this delays emergency surgery to reopen clogged blood vessels and restore blood flow to the heart.

Please recognize the symptoms. If you are experiencing shortness of breath, fatigue, nausea, pressure in your chest, or gastric pain, seek emergency care. Most women have symptoms prior to their heart attack. Pay attention to your body. Learn more on www.Prevention.com.

Health Clinics

Blood Pressure Screening

Mon. 3/6 @ 9am - 11am

Senior Center

Thurs. 3/30 @ 9am - 11am

Health Department Office

Male Cancer Screening

Mon. 3/20 @ 6pm-8pm

Chilton Hospital.

CALL Health Dept. to Register.
973-835-4060 Ext. 4

Riverdale Recreation Committee

Recreation Director: June Carelli 973-616-0288

Riverdale Recreation Department Building

next to Municipal Building

Easter Egg Hunt

Freedom Park, Saturday April 8, 10am

Rain Date: Sunday April 9, 10am

Ages 2 - 14 (if they can walk, then join in)

Bring your own baskets to collect the eggs.

The Easter Bunny will be all dressed up to greet the children. Candy and prizes, too!

Questions: Mary Wolbach 973-831-1383

or Karen Spiridakis 973-283-6301.



Take Me Out to the Ballgame

Yankee Bus Trip is being scheduled for June. If interested call Cindy Moratto 973-492-8568 as soon as possible. Details on date, seat location and cost in next newsletter. Fills up quickly!



2006 Summer Rec is Coming

Start: Monday, June 29 - Friday, July 28

Time: 9:00 am - 3:00 pm. 5 week program.

Who: In 1st Grade by Sept. thru 8th Grade.

Registration in May. Counselor positions will be available. Info: June Carelli 973-616-0288.



Shade Tree Commission

If you have any questions in reference to tree removal, replacement or trimming, please call the Shade Tree Commission at 973-835-4060 ext. 6.

Water and Sewer Payments

Please remember to include your payment stub with your check in order to properly credit your account.

Save a 39 cent stamp, use the drop box in the vestibule at the front of the Municipal Building.

Pre-season registration for a Morris County Park Commission Golf ID Card.

Early registration will be held from 10 am - 6 pm, Monday, March 13 Sunset Valley in Pequannock. Registration must be made in person at any of the four Morris County golf courses. Any 2 of the following 3 forms of identification must be provided to obtain a Golf ID Card: a valid NJ driver's license, a voter registration card, a valid New Jersey motor vehicle registration. Weather permitting, the golf courses will open April 1. More information about golf registration may be obtained by calling (973) 326-7602.

Riverdale Business Association

Meets 3rd Monday of each Month at 7:00 pm

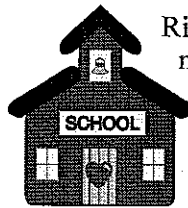
Berta's Chateau, 7 Grove Street, Wanaque

Riverdale Business Owners and business owners living in Riverdale are welcome. www.rbanj.org

Recycling Tips: Cardboard must be flattened and tied together. Newspapers should be tied in bundles, not placed in bags.

Copy deadline is the 4th Monday of each month. The publishing date will be the 1st Wednesday of the following month. Pictures, stories, weddings, births, scholastic, armed services, etc. are all welcome. We reserve the right to edit articles for space. Photos should be e-mailed or on disc in a JPEG format. Please send all information any time during the month to mayer@riverdaleNJ.com

Superintendent Words - Dr. Betty Ann Wyks



Riverdale School proudly announces that memberships to the James F. Dodd chapter of the National Junior Honor Society have been offered to Richa Patel, Alyssa Alheidt, Katie Cocilovo, Jackie Dubrovich, David Zaoboda, Kim Guis and David Kearney. The

induction ceremony for these newest members will take place in early April. Selection to the group is based upon scholarship, leadership, service, citizenship and character. We congratulate these youngsters on their achievements.

School staff participated in two days of in-service instruction recently. Instructional areas addressed included: social decision making, language arts instruction, hands-on math training and sensory integration training. Staff members also received training on the use of the district's two new Smartboards, procured through federal grant opportunities. Members of the middle school team met with Superintendent Wyks and principal Wilton to discuss possible improvements to the middle level program. The district's next in-service education program is March 3 and will focus on language arts instruction, Pre K-8.

Be on the watch for information related to the new district morning drop off procedure which will go into effect in late March, 2006. A result from input from parents, community members, staff and local authorities, this plan seeks to promote safety for our student population.

Honor Rolls

Dr. Betty Ann Wyks, Superintendent, Mrs. Diane Wilton, Principal, and the staff of Riverdale School are proud to announce those students who attained Superintendent's List, High Honors and Honors during the second marking period.

Superintendent's List

Grade 8

Amanda Mackoul
Ian Parrill
Vishan Patel

Grade 7

Danielle Allan
Kathy Brynezka
Danielle Morabito

Grade 6

Katrina Cocilovo
Jacqueline Dubrovich
Nicholas Malanga
Richa Patel
Zachary Stewart
David Zwoboda

Grade 5

Shauna McSpirit
Sarah Redfearn
Gabrielle Revis

Honors

Grade 8

Keith Neuschwanter
Kerryn Saccento

Grade 7

Ashleigh Dellapi
Kimberly Guis
Robert Leet
Connor McSpirit

Grade 6

Alexa Neuschwanter
Cheyenne Richardson
Kevin Rosenboom
Tyler Swanson
Bryan Szabo

Grade 5

Christina Ilacqua
Owen Wolbach

No High Honors

What's happening at the Riverdale Public Library

973-835-5044

www.riverdalelibrary.org

Irish Folk Tales

Thursday

March 16

4:00 - 4:45 pm

After school

K- Grade 5



It's no blarney! We'll hear some wonderful Irish folk tales, sing a tune, and make a wee leprechaun craft.

Infant & Preschool Programs

Baby Time - Baby's first story

time! Fridays: Now thru

March 31. 11:15-11:45 am

Infants to 2 years.



Preschool Story Time

Let's cozy up for stories, crafts and rhymes this winter. Fridays: Now thru March 31. Sign up for either 10:15-11:00 am or 1:30-2:15pm. Ages 2 to 5.

Friends of the Library

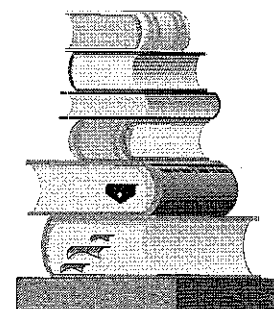
Book Sale

Friday March 17: 4pm - 8pm

Saturday March 18: 10am - 3pm

Sunday March 19: 11am - 2pm

Riverdale Municipal Building



The Friends of the Library are now, through March 11, accepting book donations at the library. The books must be in good condition, not torn, moldy, or damaged. No text books or magazines will be accepted.

Mrs. Karen Rapone, the school nurse, was selected as the Founders Day Recipient by the PTA.

Medicare Prescription Drug Plan

Medicare participants will have access to prescription drug coverage under the new Medicare Part D, which started on January 1, 2006. Medicare recipients have received the *Medicare and You* handbook that explains the drug plans available in Morris County area. Seniors who currently have prescription coverage should check with their insurer to see if the coverage is equivalent to the new Medicare coverage. If not, you will need to enroll in the new Medicare program to be sure your prescription costs are covered.

You can sign up for the new plan by going to the www.Medicare.gov website (Free Internet available at Library) or by calling 1-800-MEDICARE. Enrollment is underway and continues until May 15, 2006. Residents can get additional information by contacting the Morris County Office on Aging at 1-800-564-4656 or SHIP (State Health Insurance Program) at 973-989-5773.



Be Safe - Not a Statistic

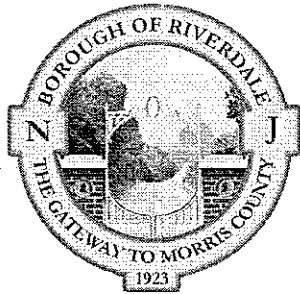
Residents who are pedestrians, dog walkers, bicycle riders, etc. should wear bright colors or reflective clothing at night.



Did You Know?

- New Jersey is a major seaport state with the largest seaport in the U.S. located in Elizabeth.
- New Jersey has the most dense system of highways and railroads in the U.S.

Borough of Riverdale
Post Office Box 6
Riverdale, NJ 07457



Postal Patron Local

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This issue of *Riverdale News & Events* was paid for by John Barbarula. Thank you for supporting him!



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Riverdale set to close on the Van Ness House Ceremony set for Saturday, March 25

The public is invited to attend the ceremony marking the purchase of the property commonly known as the Van Ness House. The day set aside for this historic occasion is **Saturday, March 25 at 11:00 am**. Many dignitaries have been invited to witness Riverdale's first historic acquisition. We hope you can be there for this special day in Riverdale's history.



Steve Schotanus named DPW Foreman



Walt Mahon Steve Schotanus

Effective January 1 Steve Schotanus has been named Foreman of the Department of Public Works. He will be assisting Walt Mahon in overseeing the Borough's Water and Road Departments. Steve has been with us since 1998. Congratulations, Steve!

On July 12 we will be kicking off our 2006 Summer Concerts in the Park



Mark your calendars!
Every Wednesday beginning July 12 you will be enjoying pleasant music with your family and neighbors.

Street Fair

Saturday, September 9
Newark Pompton Turnpike
Arts, Crafts, Collectibles
and Food Vendors



**don't miss the
big egg hunt**

Details on Page 2
under Recreation

Riverdale Fire Department presents service awards

On Saturday February 25th the Riverdale Fire Department hosted its 99th annual installation and awards dinner at the Wayne Manor. The dinner was attended by the firefighters and their guests along with: the Mayor and Council; leaders of other Borough departments; and representatives from surrounding mutual aid fire and first aid departments.

Recognition awards for major service milestones were presented to the following active firefighters: Jack Norton (Past Chief) 45 years, Bill Bowersox 40 years, Tom Fox 30 years, Brendan Magennis 20 years, John (JT) Wilson 20 years, Dan Sturm Jr. 15 years, Mike Davis 15 years, Scott Leaver 15 years, Jim Regeling Jr. 15 years. In addition four firefighters having over 20 years of service, that are not major milestones were recognized: Dan Sturm Sr. (Life Member) 49 years, Jim Regeling Sr. (Past Chief) 32 years, Mike Norton (Assistant Chief) 24 years, Mike Palicia (Past Chief) 21 years.

Mayor William Budesheim administered the oath of office to the 2006-2007 firematic officers: Chief Pat Cleary, Assistant Chief Mike Norton, Captains John Peine, Scott Leaver, Jim Regeling Sr, Lieutenants Jim Regeling Jr, Mike Chiuchiolo, Mike Davis.

The following corporation officers were also recognized by Fire Company President Laurie Sturm for their willingness to serve: Vice President J.I. Wilson; Treasurer Tom Fox; Financial Secretary Mike Reilly.